



Ronald McDonald  
House Charities®  
Detroit

# Make a Meal Guidelines

Providing a home-cooked meal for the families staying at our House is one of the greatest ways to give our families the comfort and care they need during their hardest days. This unique volunteer experience is best for businesses, families or community groups of 4 to 12 people, max.

## Monday - Friday Cooking Times

**Breakfast - 7am to 9am**

**Lunch - 11am to 1pm**

**Dinner - 4pm to 7pm**

## Saturday & Sunday Cooking Times

**Brunch - 9am to 12pm**

**Afternoon Snack (cookies, brownies, etc.) - 2pm to 4pm**

**Dinner - 5pm to 8pm**

- Food must be prepared in House kitchen or ordered from a business. (example: order subs, pizzas, etc.)
- Meals should consist of 1 main entree, & 1 to 2 sides. Providing beverages is optional.
- Volunteers are responsible for any ingredients needed to make the meal. An in-kind donation form can be filled out upon arrival for receipt of donated goods.
- All meals will be served meal-prep style, in individual portion sized containers. We appreciate if you provide the containers needed for your meal, though we may have some on site to use. For health and safety reasons, we have discontinued serving food buffet style.

### **Kitchen Equipment Available:**

2 Stoves/Oven

4 Microwaves

2 Sinks

Blender

Common pots, pans and utensils

2 Outdoor Grills

**RMHC Staff will contact you a few days prior to your scheduled meal to inform you with the number of guests expected at the time of your meal.**